

Rocky Mountain Youth Leadership Foundation, Inc.

- IRS designated 501 c (3) nonprofit foundation -



Twenty-Six Annual ROCKY MOUNTAIN YOUTH LEADERSHIP CONFERENCE

ATTENDEE HANDBOOK

JUNE 25 – 29, 2018
University of Colorado – Colorado Springs
Colorado Springs, Colorado

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Office Address

Rocky Mountain Youth Leadership Foundation, Inc.
15045 Deby Drive, Suite A
Colorado Springs, CO 80921

Return Attendee Forms to:

RMYLC Registrar
16959 Buffalo Valley Path
Monument, CO 80132

CONFERENCE SCHEDULE

Day	Time	Event	Location
See presenter biographies on pages 5 – 6.			
Mon, Day 1	8:00 - 10:00AM	Registration/Unpack (Attendees should not arrive for registration earlier than 8:00AM).	Kettle Creek Reception Hall
	10:00	Color Group Bonding	Small Group Rooms (SGR)
	12:00 Noon	Lunch	Dining Facility
	1:00PM	Welcome & Orientation: Introduction of conference staff, overview of conference activities, and mutual expectations	Lecture Hall
	2:00 – 3:00 PM	Session 1: “Leadership and Ethics” - Dave Keller	Lecture Hall
	3:15-3:45	Session 1 continued	Lecture Hall
	3:45-4:15	Student led Small Group Reflection	SGR
	4:30 – 5:00	Flag Ceremony Briefing and Dinner	Flag Pole/ Dining Facility
	5:00	Dinner	Dining Hall
	6:00PM	Color Group Team Mixer	Rec center
	8:00PM	Essay Assignment	Dorm Room
	10:30PM	Lights Out (FIRM)	Dorm Room
Tue, Day 2	7:00AM	Greet the New Day	Outside Dorm
	7:45AM	Flag Raising/Breakfast	Flag Pole/Dining Facility
	9:15 – 10:45AM	Session 2: ”Free Enterprise System/Capitalism” – Lt Col Jonathan Murphy, US Air Force	Lecture Hall
	10:45-11:15	Student led Small Group Reflection	SGR
	11:15 – 11:45AM	Session 3: “Leadership Session/Intro To Awesome Power” – Steve Shambach	Lecture Hall
	12:00 Noon	Lunch	Dining Facility
	1:00 – 2:30 PM	Session 4: “Student Leadership in the School and Community Setting”; Joe Sanders	Lecture Hall
	2:45-3:15 PM	Student led Small Group Reflection	SGR
	3:15-4:45 PM	Color Group Work on Awesome Power	SGR
	5:00PM	Flag Lowering Ceremony/Dinner	Flag Pole/Dining Facility
	6:30-8:00 PM	Color Group Work on Awesome Power	SGR
	8:00-10:00 PM	Organized Activity/Mixer/Teambuilding	Kettle Creek Reception Hall
	10:00PM	Lights Out	Dorm Room
Wed, Day 3	7:00AM	Greet the New Day	Outside Dorm

	7:45AM	Flag Raising/Breakfast	Flag Pole/Dining Facility
	9:00-10:00 AM	Essay/Oral Presentation and Vote	Lecture Hall
	10:00-12:15 PM	Color Group Activity: Awesome Power In Process Review	Lecture Hall/SGRs
	12:00 Noon	Lunch	Dining Facility
	1:00 – 2:30 PM	Session 5: “Patriots and Leadership” – Nathan Watanabe	Lecture Hall
	2:45-3:15 PM	Student led Small Group Reflection	SGR
	3:30- 4:45 PM	Teambuilding Activities	Gym
	5:00PM	Flag Lowering Ceremony/Dinner	Flag Pole/Dining Facility
	6:30 PM	Color Group Activity: Awesome Power Problem Final Team Solution	Lecture Hall/SGR
	7:30-10:00 PM	Color Group Awesome Power Dress Rehearsal, 15 minutes each	Lecture Hall
	10:00PM	Lights Out	Dorm Room
Thur, Day 4	7:00AM	Greet the New Day	Outside Dorm
	7:45AM	Flag Raising/Breakfast	Flag Pole/Dining Facility
	9:15 – 11:15 AM	Session 6: “Leadership and Patriotism as a POW” – Captain (ret) Mike McGrath	Lecture Hall
	11:15-11:45	Student led Small Group Reflection	SGR
	12:00 Noon	Lunch	Dining Facility
	1:00-3:00 PM	Final Exam: Color Group Awesome Power Presentations	Lecture Hall
	3:00-3:30 PM	Admin Brief to Students about Banquet; Col Shambach	Lecture Hall
	3:30-4:00	Color Group Meeting with Counselors; critiques and outbrief	SGR
	6:00PM	Awards Banquet/Presentations	Berger Hall
	11:00PM	Lights Out	Dorm Room
Fri, Day 5	7:30AM	Breakfast	Dining Facility
	8:30 – 9:00AM	Critique/Group Feedback/Closing Activity	Dining Facility
	NLT 10:00AM	Outprocess: Pack, Clear Dorm Room (Rtn Towel, Meal Card & Key) Farewells	Kettle Creek

RMYLC 2018 PRESENTERS

DAY: Monday

DAVE KELLER, Lieutenant Colonel (USAF Retired). Former Chief of Character & Leadership Education for the United States Air Force Academy where he directed all cadet character, ethics, and leadership programs at the United States Air Force Academy, to include overseeing the Academy's acclaimed National Character & Leadership Symposium. During a deployment to Iraq he was the senior U.S. advisor to the Iraqi Air Force Academy, and later served as a Deputy Group Commander, where he helped guide the efforts of military personnel in eight locations across Iraq. His undergraduate degree is in Human Behavior & Leadership from the Air Force Academy, and his Master's in Industrial/ Organizational Psychology from St Mary's University in San Antonio. He holds a PhD from Texas A&M University (his primary research focused on moral and ethical development of leaders) and is the Director of the Hollingsworth Center for Ethical Leadership there. He has been teaching youth and college students for over 15 years.

DAY: Tuesday

JONATHAN MURPHY, Lieutenant Colonel (USAF); Deputy Department Head and an Assistant Professor at the US Air Force Academy's Department of Economics and Geosciences. He earned a Master's degree in Industrial Engineering/Operations Research from St. Mary's University in Texas and holds an undergraduate degree in Mathematics from the University of Denver in Colorado. He an Air Force Reservist who has spent over a decade teaching Math, Statistics, and Economics courses to hundreds of Academy cadets. Prior to coming to the Academy, served in various Air Force positions and worked in the civilian world as a consultant for the company Booz Allen Hamilton. During that time he participated in multiple studies to assess and improve US Homeland Defense and Civil Response capabilities.

STEVEN SHAMBACH, Colonel (USA, Retired), graduated from the United States Military Academy at West Point in 1974 with a Bachelor of Science Degree in Engineering. Commissioned in the Infantry, he served 30 years in the Army until his retirement in 2004. He holds a MA in Organizational Psychology and a MEd in Counseling Psychology from Teachers College, Columbia University, New York. He taught Leadership at West Point and Strategic Leadership at the Army War College. After his retirement he focused on positions of study of character and leader development to include most recently at the US Air Force Academy. He was assigned as the Professional Development Integration Director in the Center for Character and Leadership Development. His primary responsibility there was to integrate professional development efforts at with faculty and staff, as well as cadets, and with external military and civilian organizations, He is currently the Director of the Rocky Mountain Youth Leadership Conference.

MIKE MCGRATH, Captain (USN Retired). A Colorado native and US Naval Academy graduate, Mike completed flight training and was designated a naval aviator. Flying off the aircraft carrier USS Ranger he flew 157 missions over Southeast Asia. Later in 1967 flying from the USS Constellation he flew another 22 combat missions before he was shot down in June over North Vietnam and spent five years and eight months as a POW until his release in March 1973. Suffering extreme mental and physical cruelties, Mike resisted these brutalities and was released in 1973. His time at the "Hanoi Hilton" caused him to reflect deeply on the important aspects of American life. He has held numerous positions in the military since and upon retirement flew for United Airlines. Mike was

inducted into the National Wrestling Hall of Fame in 2003 and has been presented the Medal of Courage.

DAY: Wednesday

NATHAN WANTANABE, Lieutenant Colonel (USA Retired). Watanabe graduated from the US Air Force Academy and received a commission as a US Army Infantry Officer. He retired after 28 years after service in various command, staff, and instructor positions in the Infantry, Aviation, and Missile Defense at bases throughout the US and overseas in Afghanistan, Korea, and Panama. He has instructed in Military History at the US Air Force Academy, the University of Colorado, Colorado Springs, and various local High Schools and regularly presents lectures on Professionalism, Leadership, Discipline, and Character, at the US Air Force Academy and other venues.

DAY: Thursday

MIKE DONAHUE is the executive director and founder of R5 Productions, a non-profit organization based in Monument, CO that is dedicated to enriching the lives of young people. He talks to students about respect, bullying, diversity and about student leadership in the school setting. He helps students find purpose and define themselves while finding the courage to face whatever is holding them back from experiencing greatness. Mike comes from Boston, MA, was a member of the United States Air Force, has been a youth pastor and a youth director in Rockford, IL, Denver, CO, and Bellevue, NE. The last 25 years has been spent traveling the United States, Asia, South America, and Europe speaking to young people. He has written four books, the most recent *Value-Up*.

JOSEPH SANDERS, Colonel (USAF Retired). Dr. Joseph Sanders served as the first Senate-confirmed Permanent Professor and Director, Center for Character & Leadership Development, United States Air Force Academy. During this time, he had the unique privilege of influencing the moral and ethical growth of over 13,000 cadets and staff. He has authored and published several articles and book chapters on topics ranging from transformational and servant leadership to organizational spirituality and moral development. He is the Founder of Touchstone Leadership Academy, an organization committed to creating transformative possibilities for current and future leaders..

IMPORTANT INFORMATION

LOCATION AND ATTENDEE DROP-OFF:

The 26th annual Rocky Mountain Youth Leadership Conference takes place June 25-29, 2018 at the University of Colorado –Colorado Springs, in Colorado Springs, Colorado. A map of the conference area is included in this packet at page 15. Registration will be in the Roaring Forks Dining Hall's Kettle Creek Reception Hall (see map on page 15). Please refer to the map for directions. From I-25, take Exit 146, and then go east on Garden of the Gods Road. Upon crossing Nevada Ave, Garden of the Gods Road becomes Austin Bluffs Parkway. Continue east on Austin Bluffs Parkway approximately 0.8 miles and then turn left on Stanton Road. **Turn left into the AGF Parking Garage to park (see map page 16).** **(ADDED PARKING INSTRUCTIONS WILL FOLLOW IN NEXT UPDATE).** Follow the signs to the Kettle Creek Reception Hall approximately 150 yards east of the Parking Garage to sign in for the conference.

REGISTRATION:

Registration will take place at Kettle Creek Reception Hall NET 8am and NLT 10am on Monday, June 25. Attendees must make every effort to arrive on time.

SPECIAL FORMS:

Attendees must fill out the following conference forms as necessary:

- Medical Release (required)
- T-shirt (required)
- Photo Release (required)
- Special Diet (if required)
- Parking (if required)
- Early Departure (if required)
- Alternate Medical Release/No Insurance (if required; Medical Release form must also be filled out).

These forms may all be found at www.rmylef.org at the *2018 Conf forms* tab.

TRANSPORTATION:

It is the responsibility of the parent/guardian to arrange for transportation to and from the conference.

VISITORS:

Due to the Conference's new venue at UCCS, the Foundation is expecting an increase in visitors. Visitors should call (719)-549-2710 before they come so their visits can be properly scheduled and conducted.

HOUSING:

All attendees will be housed in three- or four-person rooms in university housing. Male and female attendees will be housed on separate floors of the residence hall. The Registrar will make all individual room assignments. The front desk is open between 8 A.M. and 9 P.M. The desk phone number is (719) 255-6288 (after hours: 719-255-4600). Attendees will be issued meal/access cards and room keys that fit the assigned floor/room and they must protect these card/keys, as replacements will be at attendee expense. All other housing fees are fully paid by the attendee's scholarship.

NOTE: *Attendees must bring their own linens, pillow, and blanket to the Conference.*

MEALS:

All meals will be provided in the Roaring Forks Dining Facility. Several food selections will be available at each meal but special dietary requirements must be identified. Meals are fully paid by the attendee's scholarship. A special dietary requirements form is available on the Rocky Mountain Youth Leadership Foundation website in the same location as the application form.

CHAPERONES/COUNSELORS:

Adult Chaperones and conferee Counselors, will provide attendee supervision during the conference.

HEALTH/MEDICAL:

A "Medical Release Form" **MUST** be completed by each attendee, signed by the parent/guardian, and returned to the Rocky Mountain Youth Leadership Foundation by mail, drop off, or email (see address on Table of Contents page). The services of local medical facilities, will be available to the attendees should the need arise, with services paid for by the attendee's or parent's health insurance.

If the attendee does not have health insurance, the attendee must fill out the Alternate Medical Form (No Insurance) as well as the Medical Release Form.

The Conference forms are available on the Rocky Mountain Youth Leadership Foundation website at the 2018 *Conference Forms* tab.

ATTENDEE VEHICLES:

Vehicle parking will be in the AGF Parking Garage (see map page 16) (ADDED PARKING INSTRUCTIONS WILL FOLLOW IN NEXT UPDATE). **Attendees will not be permitted vehicle use during the conference. All vehicle keys are to be checked in at registration and will be held in the care of the Conference Director.** If a attendee intends to bring a vehicle to the conference, he/she must so notify the Rocky Mountain Youth Leadership Foundation, Inc. by completing the red-Parking Form available on the Rocky Mountain Youth Leadership Foundation website in the same location as the application form.

SAFETY AND SECURITY:

Make sure that all of your belongings are clearly identified. Do not bring articles of significant value.

CASH:

All tuition, meals, housing and conference materials are paid by the attendee's scholarship. Attendees may wish to bring money to purchase candy and snacks from dispensing machines. The University Bookstore will also be available to attendees.

DISMISSAL:

If an attendee is found to be in violation or disregard of conference "POLICIES AND RULES", the Electronic Communication Devices policy letter, or the rules established by UCCS, the attendee's parent/guardian will be notified by the Conference Director and the attendee will be immediately dismissed. It shall be the responsibility of the parent/guardian to arrange for the attendee's immediate transportation from the University campus.

RECREATION:

Recreation activities will be scheduled on campus during the conference. **No conferees are to leave the campus without approval of the Conference Director.**

AWARDS BANQUET:

There will be an awards banquet at 6PM on Thursday, June 28, 2018. Dress up clothes are encouraged for the banquet and those attendees in JROTC can wear their dress uniform if desired. Parents, families, friends are invited to attend. The event will be held in Berger Hall on campus. Attendee costs for the banquet are paid by their scholarship. Costs for families/friends will be borne by the individuals. A separate invitation email for Banquet Reservations will be sent to each attendee and parent/guardian. It will include the menu, cost, etc.

CONFERENCE COMPLETION:

The conference will conclude at 10:00 A.M. on Friday, June 29, 2018. Transportation for attendees should be available at that time. If parents/guardians of attendees attend the Awards Banquet on Thursday evening and desire that their son/daughter accompany them home that evening, the Conference Director will allow same with prior permission. Please complete Early Conference Departure Form found on the Rocky Mountain Youth Leadership Foundation website in the same location as the application form. For safety, attendees who have driven themselves to the conference **will not** be permitted to depart early unless accompanied by a parent/guardian. If this will be the case, please complete the applicable section of the same form.

POLICIES AND RULES

Attendees must reside in the rooms to which they are assigned. Switching of rooms or roommates defeats some of the conference objectives and will not be permitted.

Attendees will adhere to all UCCS regulations, guidelines, and all local, state and federal laws concerning health, safety and public order (see UCCS guidelines on pp. 10-11).

Attendees will abide by Colorado law, federal law and University regulations regarding intoxicants, narcotics and drugs.

Firearms, weapons, ammunition, fireworks, explosives and highly flammable materials are not allowed.

Animals or other pets will not be brought to the conference.

Hot plates or similar appliances are not permitted in rooms nor is any type of cooking allowed.

Tampering with the electrical or mechanical fixtures in the rooms, removal of or addition of furniture and removal of window screens is not allowed.

Attaching of any object to any University premise with nails, screws, or any other alteration of the premises is not allowed.

Parking in the service or fire lanes adjacent to the residence hall is not allowed.

Removal of lounge or common area furniture into individual rooms is not allowed.

The unlocking of common area doors, which are to be continuously locked or locked at specified times, is not allowed. All external locks, except the front door, are to be locked at all times.

Gambling or solicitation in any form is not permitted.

The University reserves the right to revoke the campus privilege of any conferee whose conduct, solely in the University's opinion, becomes injurious or potentially injurious to the academic community.

Male attendees are not allowed to visit female attendees in their rooms and vice versa. Areas are provided for socializing.

An attendee may not enter another attendee's room without his/her permission.

Attendees may not possess or use alcoholic beverages, tobacco or tobacco products, paraphernalia related to tobacco or tobacco products, or other drugs other than those prescribed by a physician. See the RMYLF 'MEDICAL RELEASE FORM' for listing medications.

Attendees must not possess any type of matches, lighters or any other fire-making device.

Attendees **will not** bring any type of electronic communication device (see next page) or radio, iPOD, CD/DVD player, television, or any other entertainment device.

UCCS STUDENT HANDBOOK EXCERPTS

The attendee's key allows access into his or her suite and room. Its acceptance and use is subject to the attendee's compliance with the following guidelines:

- Immediate reporting of lost or stolen keys to your conference counsellor. The lock will be changed and new keys issued to the attendee and attendee's room/suitemates. A service charge will be assessed for lost or damaged keys. This fee offsets the cost of the keys, lock pins or cores, and the expense of changing the lock. Please note that damaged keys must be turned in to your counsellor to receive a free replacement key.
- Attendees may not lend their key to others.

Do not block doors open and ensure the doors you enter and exit through are securely closed behind you.

Lock your room/suite at all times, even when going down the hall for a moment.

If you lose your UCCS room key/meal card, tell your counsellor immediately for a replacement.

Attendees should promptly report any incident of theft, vandalism, or unsafe conditions to your counsellor.

Attendees should be aware of the most direct evacuation route from their room to the closest exit prior to an emergency occurring. When the alarm is sounded in the Housing Facility, the students should leave the Housing Facility IMMEDIATELY. No student may use an elevator during a fire alarm. Counsellors will check to see if students have evacuated the Housing Facility. Under NO circumstances may a student return to the Housing Facility before a fire or public safety official gives permission.

Quiet hours will be strictly enforced from 10:00 p.m. - 8:00 a.m. Sunday through Wednesday during the conference.

Windows and Ledges Policy:

- Screens must be kept in windows at all times. If a attendee removes any screen in a bedroom and/or suite there will be a \$25.00 fine posted to all attendees' accounts, unless the responsible party notifies the counsellor of his/her action. This \$25.00 fine does not cover the costs for a new screen, so additional fees will be charged if a new screen is needed, or is not in plain sight when maintenance staff comes to inspect the room.
- Throwing items of any kind from windows or bridges, keeping items on window ledges, or removing window stops is prohibited.
- Using windows as a means of entry and/or exit is prohibited.

Smoking/vaping is not allowed in any building. Smoking is only allowed in designated areas.

Alcohol or drug use is NOT permitted at the Conference regardless of the age of the attendee. If an attendee consumes or possesses alcohol or drugs other than those prescribed by a physician and shown on the RMYLF "MEDICAL RELEASE FORM," or allows for other individuals to consume or possess alcohol or drugs during the conference, he/she will be dismissed.

Room and Suite Furnishings are provided in rooms. These items are to remain in the room or suite. This includes moving furniture from room to room or altering the furniture. It is expected that the furniture will stay in the student's room at all times.

Lounge furniture is not to be swapped out with room furnishings.

Both counsellors and appropriate University staff may enter an attendee's room or suite for:

- Maintenance work and inspections
- Pest control treatment
- Requested services
- Determining compliance with UCCS rules, regulations, and terms of the Conference Contract
- Safety or health reasons
- When there is emergency situation, as determined by the staff member. Students will be notified in advance of entry whenever possible, and entering staff members will leave a notice in the student's room any time it is entered, except during fire alarms, fire drills, or health and safety inspections.

ELECTRONIC COMMUNICATIONS DEVICES (ECD) POLICY

The primary responsibility of the Rocky Mountain Youth Leadership Foundation Board of Trustees is to provide a safe environment for all attendees at the RMYLC. The second responsibility, as fundamental as the primary, is to provide an educational experience that develops leadership, patriotism and free enterprise competencies for all attendees. To encourage an environment that promotes RMYLC educational objectives, a ban on all Electronic Communication Devices (ECDs) is required. ECDs include but are not limited to laptop computers, cell/smart phones, tablets, iPads, smart watches or similar devices.

The RMYLC provides an experiential educational forum for all attendees. Distractions are kept to a minimum to accomplish our learning objectives and ECDs create distractions that impede attendee performance. Experiential learning is accomplished through single tasking (rather than multi-tasking) where attendees develop concentration skills. Through concentration skills, attendees acquire teamwork, collaboration and communication tools and strategies. Single tasking promotes character, discipline and tempers procrastination. Thus, although the advantages of technology are well known; to achieve conference learning objectives we promote concentration skills through experiential learning. It is also necessary that we “create a level playing field,” since some of the conference is done with the attendees working together, in small groups in team competition with other groups, to solve situational problems where there is a definite team advantage (and a definite dilution of desired learning outcomes) if ECDs are available. **ECD’s detract from our educational goals and the overall conference learning experience --- they are not to be brought to the conference.**

Be aware that if an ECD is brought to the conference, it is the attendee’s responsibility to declare and deposit the item(s) for safe keeping with conference staff at the Monday morning registration. The ECD(s) will be returned at checkout.

RMYLF trustees and the RMYLC staff recognize that attendee-parent communication might be necessary during the conference. Information providing numbers and procedures, both normal and in case of emergencies, are provided within this handbook (see following page). Parents are encouraged to keep a copy of this page at home to facilitate communications with their child.

Please understand that our purpose is not to restrict the freedoms that we all like and normally expect. The purpose is to protect the well-being and best interests of all attendees and focus the overall educational experience. Thank you for your understanding and cooperation.

TELEPHONE NUMBERS TO CONTACT ATTENDEES

As cell/smart phones are not allowed at the conference, this sheet provides parents and/or guardians a method of contacting their attendee during the week of the conference. **Parents/Guardians should keep a copy of this sheet at home.**

ROUTINE CONTACT WITH ATTENDEE:

Call the front desk operation daily between 8 A.M. and midnight at (719) 549-2710 to leave a message for your attendee. Attendees are very busy during the day so it might take some time for the attendee to get the message and return your call. If return calls are long distance, we recommend that the attendee bring a pre-paid phone card with them.

EMERGENCY CONTACT WITH ATTENDEE:

Call Colonel Jim Taylor at (719) 963-6133 and the conference staff will immediately locate your child and give him/her your message.

WHAT TO BRING

- Sheets, pillow, pillow case, and blanket for twin size bed (note: some attendees every year forget to bring bedding – don't be one of these!)
- Towel(s) & Washcloth
- Casual Warm Clothing for Evening and Lighter Clothing for Daytime*
- Appropriate Dress-Up Clothing for Awards Banquet**
- Personal Grooming Items
- Mosquito Repellant
- Athletic Shoes and Warm-ups
- Suitable Jacket for Rain
- Spending Money
- Bath Soap and Soap Container
- Clothes Hangers
- Wrist Watches (Cell phones will not be available).

WHAT NOT TO BRING

- Tube Tops, Tank Tops, Halter Tops, Short Shorts, Muscle Shirts
- Clothing in Poor Condition***
- Large Amounts of Money
- Electronic Communication or Entertainment Devices or Expensive Cameras.

* Appropriate length shorts and T-shirts are fine.

** JROTC uniforms would be very appropriate at the Awards Banquet but not at other times. The Banquet is a dress up affair.

*** Clothing should be appropriate for wear on a college campus. We are guests and should dress accordingly.

